
It's not enough to plan time for study. Studying for long periods in ineffective ways -- studying harder -- can waste your time. Before you begin, resolve to choose more effective study methods to make every available minute count. That's studying smarter! Here are some ideas:

- Reading alone is only a short-term memory operation, insufficient for test preparation. To produce real learning and recall, you need ACTIVE REVIEW TECHNIQUES. Research shows that active review through long-term learning in LESS TIME than passively re-reading texts

and notes

- LOOKING OVER IS NOT STUDYING! The true test of information on demand. LOOKING OVER IS NOT STUDYING! The true test of and seeing familiar ideas establishes passive recognition, not the ability to actively guarantee that you have more than a superficial understanding of ideas. Look and compare and contrast two concepts; make yourself explain in detail, in your own words.
- Recite aloud: state ideas aloud in your own words. Don't assume you can define

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